

## CAREER CHANGE COACHING

### 3 MONTH MORE LIKE YOU PACKAGE

*\$200 PER MONTH (3 MONTHS IN TOTAL) | PRICE INCREASES TO \$297 PER MONTH IN OCTOBER 2020*

This coaching package will help you gain clarity about your career direction and develop a plan to make your vision a reality. Along the way we will tackle the mindset and confidence issues that may be holding you back and address those practicalities that we all have to deal with such as our finances, lack of time and communicating our decisions with our nearest and dearest. What's included:

- 30 minute complimentary consultation
- Pre-coaching questionnaire
- 6 x 1 hour fortnightly coaching sessions via skype.
- Unlimited email support in between sessions
- Worksheets that will help you during the coaching session and beyond
- Time saving hacks and self-care tips
- 30 minute follow up session after the coaching series

### 6 MONTH TOTAL TRANSFORMATION PACKAGE

*\$180 PER MONTH (6 MONTHS TOTAL) | PRICE INCREASES TO \$276 PER MONTH IN OCTOBER 2020*

Similar to the three month option, this coaching package will help you gain clarity about your career direction and develop a plan to make your vision a reality. This option also offers support with your job hunt and includes a tailored, professional resume, cover letter and interview practice. Along the way we will tackle the mindset and confidence issues that may be holding you back and address those practicalities that we all have to deal with such as our finances, lack of time and communicating our decisions with our nearest and dearest. What's included:

- 30 minute complimentary consultation
- Pre-coaching questionnaire
- 12 x 1 hour fortnightly coaching sessions via skype
- Unlimited email support in between sessions
- Worksheets that will help you during the coaching session and beyond
- Tailored resume, covering letter and interview practice
- Time saving hacks and self-care tips
- 30 minute follow up session after the coaching series

## RESUMES

*\$197 | INCREASING TO \$297 IN OCTOBER 2020*

Whether you're moving back into the workforce after a break, applying for promotion or embarking on a career change, it's important to make sure your resume packs a punch and demonstrates all you have to offer.

They say the average recruiter spends 7 seconds looking at a resume and that's if you're lucky enough for a human to be looking at it at all. With the increasing use of Applicant Tracking Software (in other words robots) it's crucial to make sure our resumes are well formatted and contain the key words that employers are looking for. My resume refresh and rewrite services include:

- 30 minute telephone discussion where we discuss your work history, career objectives, key skills and achievements
- Fully written, formatted, editable resume to be returned to you within 5 working days (or a premium service for those who need it quicker)
- Up to 3 sets of minor revisions for a period of 3 months afterwards
- Complimentary standard cover letter that you can customise for jobs of interest

## INTERVIEW COACHING

*\$297 FOR 2 X 1 HOUR SESSIONS WITH EMAIL SUPPORT IN-BETWEEN*

Whether you're returning to the workforce after a break and your skills are rusty, or you're suffering from dented confidence after a succession of knock-backs, my interview coaching will instil you with the confidence and know-how you need to ace your next interview.

My interview coaching packages are tailored depending on your situation but will typically consist of:

- 2 x 1-hour face to face or online coaching sessions
- Worksheets to help you prepare that are yours forever so you can use them for future interviews
- Pointers on common interview styles, scenarios and questions with advice on how to handle tricky questions
- Mock interview with immediate feedback on verbal and non-verbal performance
- Customised help on how to sell yourself and position your previous experience, particularly if you are changing careers or industry
- Customised sessions where we focus on the areas that most concern you

*I also write selection criteria responses, application forms and covering letters for particular jobs of interest. I quote these on a job by job basis. Contact me by email [denny@dennynesbitt.com](mailto:denny@dennynesbitt.com) to discuss.*